



Carson Middle School Band – Concert Band

Goal-Based Practice Chart

***Due online by Fri, 9/28/18. 30 boxes required this week. Click Here to Submit.**



**Posture/Position:* During every practice time make sure you are sitting tall, on the edge of your chair. Be sure you are holding your instrument as described in class.

**Practicing Ahead:* Practicing ahead is always okay, as long as you can play everything on this page first.

Practice Element	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
A) Fundamentals and Review	Take this treble clef quiz. Take this bass clef quiz.	Click here and watch the videos under "Ready, Set, Play"	Click here and watch the videos under "First Sound"	Click here and play along with #18-22"	Click here and play along with #23-25"	Click here and play along with #26-28"	Click here and play along with #29-32"
A) Long Tones on first 6 notes. Perc: rolls on bells.	Take a deep breath and move steady air through your instrument until you run out.	Hold each note for 8 beats with your best sound and no breath, pausing between notes.	Hold each note for 8 beats with one breath and no pause between notes.	Hold each note for 12 beats and no pause between notes.	Hold each note for 12 beats and no pause between notes.	Hold each note for 12 beats on one breath, pausing between notes.	Hold each note for 12 beats on one breath, pausing between notes.
C) Method Book: #32-48	Use any below practice strategy to figure out how to count and play these.	Use any below practice strategy to figure out how to count and play these.	Use any below practice strategy to figure out how to count and play these.	Use any below practice strategy to figure out how to count and play these.	Use any below practice strategy to figure out how to count and play these.	Use any below practice strategy to figure out how to count and play these.	Use any below practice strategy to figure out how to count and play these.
D) First concert March (see day for which measures you'll practice)	1-10	11-24	25-36	37-44	45-57	57-end	How much of this can you play without mistakes?
E) High Adventure	#37	#39	#41	#43	#45	#47	If you've completed all boxes, turn in your practice log!

Practice Strategies:

- **Slo-Mo!** = Play each section as slow as you can and make sure every note is perfect. Speed it up once you can play it well.
- **Divide & Conquer** = Split the song into small chunks and fix each chunk individually. Gradually put them back together.
- **Get some lead on it!** = Use your pencil to write in a note or marking you keep missing (don't write them all in!).
- **3rd time's a charm** = Play each measure/section/song perfectly 3 times before moving on (restart each time you mess up).
- **Fingers/Notes** = Do the fingerings and say the notes WITHOUT playing.
- **Tongue & Fingers** = Say the tonguing and do the fingerings WITHOUT playing.
- **Sing it!** = Sing through the melody either with or without your instrument.
- **Karaoke** = Your book comes with audio tracks you can play along with!
- **Forget about it!** = Go back to a song you can play really well, and then come back to the one you're having trouble with.